

Dilworth Weekly Mena: December 11-15

Re s		Monday	Tuesday	Wednesday	Thursday	Friday
	Breakfast	Whole grain Cereal Milk 100 % apple juice Banana (HAW, PC	Pancakes Diced pears Milk	Toast with Butter Applesauce Milk	No bake Oatmeal Blueberries Milk	Bacon and Cheese frittata Peaches Milk
	Lunch	Beef and bean Tacos Steamed green Beans Oranges Milk	Hot dog on a Bun Carrots Diced peaches Milk	Mashed Potatoes and Chicken gravy Corn Fruit cocktail Milk	Turkey and Cheese Sub sandwich Tri color Veggies Bananas Milk	Chicken parm Mixed fruit Mixed veg Milk
	Infant/Toddler Snack	Animal Crackers Applesauce Water	Pretzel Bites Vanilla yogurt Water	Ritz Crackers String cheese Water	Goldfish Humus Water	Club crackers Cheese slice Water
	Preschool/S. Age Snack	Animal Crackers Apple slices Water	Pretzel Vanilla yogurt Water	Tortilla Chips Salsa String cheese Water	Goldfish Humus Water	Club crackers Cheese slice Water